

# Arlington Ballroom Online Group Class Schedule

## (Starting May 2020, weekly until further notice)

*All online classes require a minimum of 4 students to run. Class registration will be capped at 12 per class to allow instructors the ability to fully engage with all students in attendance.*

We currently offer online classes Tuesdays, Thursdays and Saturdays.

### Tuesday @6PM-6:45PM: (Mixed Level) Salsa Footwork & Styling

Knowledge of basic salsa footwork recommended (*see Intro Salsa description*). No partners necessary.

### Tuesday @7PM-7:45PM: (Intro) to Salsa

Intro classes are perfect place to start for pure beginners. **No experience required.** No partners necessary. This class covers everything you need to know for footwork, positioning, how to lead and follow the basic figures in salsa... forward basic, side basic, right turn, cross body lead, drapes, open break, fifth position breaks.

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### Thursday @6PM-6:45PM: (Mixed Level) Bachata Footwork & Styling

Knowledge of basic bachata footwork recommended (*see Intro Bachata description*). No partners necessary.

### Thursday @7PM-7:45PM: (Intro) to Bachata

Intro classes are perfect place to start for pure beginners. **No experience required.** No partners necessary. This class covers everything you need to know for footwork, positioning, how to lead and follow the basic figures in bachata... side basic, progressive basic, inside turns, cucarachas, 180, timing steps.

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### Saturday @12PM-12:45PM: (Intro) to Foxtrot & Waltz

Intro classes are perfect place to start for pure beginners. **No experience required.** No partners necessary. This class breaks down footwork, positioning, and how to lead and follow the basics figures in ballroom... box, rock turn, hesitation, underarm turn.